

PERCEPTION OF STUDENTS INVOLVED IN MARCHING BAND VS. NOT INVOLVED

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Are you a spectator...

PROBLEM

- **MARCHING BAND IS A HUGE TIME COMMITMENT FOR COLLEGE STUDENTS.**
- **HOW DO SCHEDULES DIFFER FOR STUDENTS INVOLVED IN BAND AND STUDENTS NOT INVOLVED IN BAND?**



**or a
performer?**

PROPOSAL



- **FIRST I WILL DRAW ON PREVIOUS RESEARCH AND THEN I WILL USE ETHNOGRAPHIC INTERVIEW DATA FROM STUDENTS.**
- **THE ARTICLES FROM PREVIOUS RESEARCH ARE FROM AUTHORS WITH VARYING BELIEFS.**
- **THE INTERVIEWS ARE FROM OF A VARIETY OF AGES, GENDERS, AND STUDENTS FROM THE DIFFERENT GROUPS.**
- **FINALLY, I WILL DRAW CONCLUSIONS BASED ON THE DATA I HAVE RECEIVED.**

BASICS

- **WHO: DORIS VALLIANT**
- **WHAT: FOCUS ON BAND CAMP AND TIME SPENT IN PRACTICE**
- **WHEN: 2003**
- **WHERE: OHIO STATE UNIVERSITY**
- **WHY: TO BRING THE EFFORT THE STUDENTS PUT FORWARD INTO THE LIGHT**



BACKGROUND

- **THE AMOUNT OF TIME BAND TAKES UP IS TREMENDOUS:**
 - **7AM- 11PM BAND CAMP WEEK**
 - **BAND CAMP CAN LAST UP TO THREE WEEKS**
 - **6-10 HOURS OF PRACTICE PER WEEK**
 - **PRACTICE 5 OUT OF 7 DAYS A WEEK**
 - **THE COLOR GUARD, THE VISUAL ASPECT OF THE PERFORMANCE, PRACTICES EVERY DAY TO MASTER ROUTINES AND BASIC SKILLS ON FLAGS, RIFLES AND SOMETIMES SABERS.**

BASICS



- **WHO: BRAD STRAND AND CHRISTA SOMMER**
- **WHAT: SHOULD BAND BE ABLE TO REPLACE PHYSICAL EDUCATION**
- **WHEN: 2005**
- **WHERE: NORTH DAKOTA STATE UNIVERSITY**
- **WHY: BANDS ARE VERY ACTIVE AND REQUIRE SIMILAR GOALS TO SPORTS TEAMS**

BACKGROUND

- **BAND REQUIRES LESS PHYSICAL WORK THAN SPORTS BUT IS STILL INTENSE:**
 - **STUDENTS IN BAND ALSO USE DIFFERENT PARTS OF THE BRAIN. AT ANY GIVEN TIME, A BAND MEMBER COULD BE USING SPATIAL, AUDITORY AND VISUAL SEGMENTS OF THE BRAIN.**
 - **STUDENTS WITH HEAVIER INSTRUMENTS HAVE A HIGHER HEART RATE BECAUSE OF THE AMOUNT OF PHYSICAL EFFORT TO HOLD THE INSTRUMENT.**
 - **HOWEVER, THE BAND MEMBERS DO NOT REACH THE RECOMMENDED AMOUNT OF WORK-OUT TIME BECAUSE THEIR HEART RATES DO NOT REACH THE ADEQUATE AMOUNT. THIS MEANS THAT IT CAN NOT REPLACE CREDIT FOR PHYSICAL ACTIVITY COURSES.**

BACKGROUND

- **THE BALANCE OF HARD WORK AND FUN IN HIGH SCHOOL MARCHING BANDS:**
 - **STUDENTS SHOW THEIR DEVOTION TO BAND BY MAKING THE CHOICE TO GET UP EVERY MORNING DURING BAND CAMP TO PERFECT THEIR ROUTINES. THEY KNOW THERE ARE MANY OTHER STUDENTS RELYING ON THEM AS A SOCCER TEAM RELIES ON THEIR GOALIE.**
 - **THEY ALSO WORK VERY HARD TO STAY HEALTHY. YOU LEARN VERY QUICKLY WHEN YOU ARE IN THE SUN ALL DAY WHICH FOODS ARE NOT A GOOD IDEA.**

BACKGROUND

- **4 FEMALES AND 4 MALES**
- **4 FRESHMAN, 2 JUNIORS AND 2 SOPHOMORES**
- **4 INVOLVED AND 4 NOT INVOLVED**
- **I CHOSE THESE GROUPS AND THIS BREAK DOWN BECAUSE IT PROVIDES AN EVEN DISTRIBUTION OF THE STUDENT POPULATION.**



INTERVIEW QUESTIONS FOR BAND MEMBERS

- **WHY DID YOU JOIN BAND?**
- **DO YOU FEEL MORE PRESSURE BEING IN BAND?**
- **HOW MUCH TIME A WEEK DO YOU DEVOTE TO BAND?**
- **DO YOU THINK YOUR SOCIAL LIFE SUFFERS BECAUSE OF BAND?**
- **DO YOU THINK YOUR ACADEMIC LIFE SUFFERS?**

WHY DID I JOIN BAND?

- **FRESHMAN, FEMALE- I JOINED BAND BECAUSE I LOVE THE ACTIVITY AND WANTED TO MEET NEW PEOPLE.**
- **SOPHOMORE, MALE- I HAVE A PASSION FOR MUSIC AND I LOVE THE ACTIVITY.**
- **JUNIOR, FEMALE- I JOINED BAND BECAUSE I WANTED TO GET INVOLVED WITH DIFFERENT GROUPS AND I HAVE BEEN PLAYING MY INSTRUMENT FOR A LONG TIME.**
- **FRESHMAN, FEMALE- I JOINED BAND FOR THE EXPERIENCE AND IT LOOKED LIKE FUN.**

DO YOU FEEL MORE PRESSURE BEING IN BAND?

- **FRESHMAN, FEMALE- ON GAME DAY I FEEL A LOT OF PRESSURE BUT IT IS PRETTY RELAXED.**
- **SOPHOMORE, MALE- I FEEL MORE PRESSURE BECAUSE I AM A SECTION LEADER BUT OTHER THAN THAT NO.**
- **JUNIOR, FEMALE- I DON'T FEEL MUCH PRESSURE ANYMORE. I HAVE GOTTEN USED TO THE ANXIETY OF PERFORMANCES.**
- **FRESHMAN, FEMALE- I STILL FEEL ANXIETY OVER PERFORMING BUT NOT TOO BAD.**

HOW MUCH TIME A WEEK DO YOU DEVOTE TO BAND?

- **FRESHMAN, FEMALE- ALMOST 10 HOURS IF WE HAVE A GAME.**
- **SOPHOMORE, MALE- WE USUALLY HAVE ABOUT 10 HOURS OF PRACTICE ON GAME DAYS, BUT I HAVE MORE TIME TO PUT IN AS A SECTION LEADER.**
- **JUNIOR, FEMALE- I SPEND ABOUT 10 HOURS AT BAND A WEEK.**
- **FRESHMAN, FEMALE- I SPEND ABOUT 9-10 HOURS A WEEK.**

DO YOU THINK YOUR SOCIAL LIFE SUFFERS BECAUSE OF BAND?

- **FRESHMAN, FEMALE- SOMETIMES I WISH WE HAD MORE TIME TO HANG OUT BUT A LOT OF MY FRIENDS ARE IN BAND.**
- **SOPHOMORE, MALE- I HAVE LEARNED TO BALANCE MY SOCIAL LIFE PRETTY WELL BUT IT WAS HARD AT FIRST.**
- **JUNIOR, FEMALE- I HAVE GOTTEN USED TO SHARING TIME BUT SOMETIMES IT IS ANNOYING TO NOT BE ABLE TO DO STUFF IF I HAVE REHEARSAL.**
- **FRESHMAN, FEMALE- I AM STRUGGLING WITH BALANCING SOCIAL LIFE AND ACADEMIC LIFE. I TEND TO SPEND MORE TIME SOCIALIZING THAN STUDYING.**

DO YOU THINK YOUR ACADEMIC LIFE SUFFERS?

- **FRESHMAN, FEMALE- IT IS HARD TO BALANCE TIME BUT IT IS A LEARNING PROCESS.**
- **SOPHOMORE, MALE- IT IS HARD TO BALANCE TIME FOR ACADEMICS BUT USUALLY I FIND A WAY.**
- **JUNIOR, FEMALE- I HAVE GOTTEN USED TO ACADEMICS BUT THEY DO GET HARDER EVERY YEAR.**
- **FRESHMAN, FEMALE- I TEND TO SPEND MORE TIME SOCIALIZING THAN STUDYING.**

BAND MEMBER CONCLUSION

- **I CONCLUDE THAT THE MEMBERS JOINED BAND MOSTLY BECAUSE OF THE SOCIAL ASPECT AND THEY LOVED THE ACTIVITY. I ALSO CONCLUDE THAT BAND MEMBERS HAVE AN EASIER TIME ADJUSTING TO TIME MANAGEMENT AND THEIR SOCIAL LIFE. THE MEMBERS HAVE A LOT OF PERFORMANCES AND PRACTICES TO PLAN TIME FOR.**

INTERVIEW QUESTIONS FOR NON-BAND MEMBERS

- **HOW MUCH TIME DO YOU SPEND SOCIALIZING A WEEK?**
- **HOW LONG DO YOU SPEND STUDYING A WEEK?**
- **DID YOU JOIN ANY CLUBS?**
- **ARE YOU STRUGGLING WITH BALANCING TIME?**

HOW MUCH TIME DO YOU SPEND SOCIALIZING A WEEK?

- **SOPHOMORE, MALE- I SPEND 30 HOURS OR MORE A WEEK.**
- **JUNIOR, FEMALE- I SPEND ABOUT 45 HOURS A WEEK.**
- **FRESHMAN, MALE- I SPEND ROUGHLY 20 HOURS A WEEK SOCIALIZING.**
- **FRESHMAN, MALE- 35 HOURS A WEEK USUALLY.**

HOW LONG DO YOU SPEND STUDYING A WEEK?

- **SOPHOMORE, MALE- I SPEND ABOUT 40 HOURS A WEEK STUDYING.**
- **JUNIOR, FEMALE- I SPEND ABOUT 30 HOURS STUDYING BUT IT VARIES IF I HAVE PROJECTS.**
- **FRESHMAN, MALE- I SPEND ABOUT 40 HOURS A WEEK STUDYING AND WORKING ON HOMEWORK.**
- **FRESHMAN, MALE- I SPEND 20 HOURS STUDYING.**

DID YOU JOIN ANY CLUBS?

- **SOPHOMORE, FEMALE- YES, I AM IN A SORORITY AND MANY CLUBS.**
- **JUNIOR, MALE- I AM IN A FEW CLUBS NOT MANY.**
- **FRESHMAN, MALE- I AM TRYING TO GET INVOLVED IN AS MUCH AS I CAN.**
- **FRESHMAN, MALE- I AM TRYING TO GET INVOLVED BUT IT IS HARD.**

ARE YOU STRUGGLING WITH BALANCING TIME?

- **SOPHOMORE, MALE- I BALANCE MY TIME PRETTY WELL BUT MOST OF FRESHMAN YEAR IT WAS DIFFICULT.**
- **JUNIOR, FEMALE- I BALANCE MY TIME VERY WELL.**
- **FRESHMAN, MALE- I AM STRUGGLING WITH BALANCING TIME BUT IT IS GETTING EASIER AS WE GO.**
- **FRESHMAN, MALE- I AM DOING PRETTY WELL WITH TIME MANAGEMENT.**

NON-MEMBER CONCLUSIONS

- **I CONCLUDE THAT NON-BAND MEMBERS USE THEIR TIME TO GET INVOLVED IN A MULTITUDE OF ACTIVITIES. THEY HAVE MORE TIME TO SOCIALIZE AND FIND DIFFERENT WAYS TO GET INVOLVED.**

CONCLUSIONS

- **OVERALL I BELIEVE THAT BAND MEMBERS ARE VERY FOCUSED ON THE ACTIVITY THEY BELONG TO. THE AMOUNT OF TIME IT REQUIRES OF THEM ALSO PLAYS A ROLE IN HOW LITTLE TIME THEY GET TO HAVE A SOCIAL LIFE AND JOIN OTHER CLUBS. BAND BECOMES A SOCIAL LIFE AND BECOMES A MULTITUDE OF ACTIVITIES ALL BUILT INTO ONE.**
- **NON-BAND MEMBERS ARE FREE TO GET INVOLVED IN AS MANY THINGS AS THEY WANT AND CAN DEVOTE MORE OF THEIR TIME TO THOSE ACTIVITIES. THEY ALSO HAVE MUCH MORE TIME TO HAVE MULTIPLE SOCIAL LIVES.**
- **ALL TOGETHER THERE ARE SOME DISTINCT SIMILARITIES. BOTH GROUPS BECOME INVOLVED IN WHAT THEY ARE. BAND MEMBERS EMBRACE THE ATMOSPHERE AND NON-BAND MEMBERS EMBRACE A MUCH LARGER SOCIAL LIFE.**

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